

SEAS NAVIGATOR

A PUBLICATION OF ST. ELIZABETH ANN SETON MIDDLE SCHOOL

MNSAA SCHOOLS OF
DISTINCTION 08



MISSION STATEMENT: Grand Traverse Area Catholic Schools are dedicated to providing a Catholic education ensuring educational quality for all families willing to enter into a partnership to develop each child to his or her fullest spiritual and academic potential.

Published January 15, 2010

Deadline for submissions to this newsletter is Thursday @ 11:00 a.m.

Please email information for system-wide distribution to mdeyou@gtacs.org.

All previously submitted items have been italicized. New items are not italicized.

Please email information for the Navigator to dkrueg@gtacs.org.

Our least action when done for God is pleasing to Him.

St. Elizabeth Ann Seton.

Upcoming Events...

1/18 SEAS Mass
10:00

1/22 **Half Day for GTACS / Parent Pick Up!**

End of the 2nd Marking Period

1/25 SEAS Mass
10:00

1/29 **Half Day For GTACS / Parent Pick Up!**

1/30 GTACS Family Movie Night at 5:30 p.m.

2/1-5 Catholic Schools Week

2/2 **Adoration at SEAS**

2/5 **All Systems Mass, With Bishop Hebda, At St. Francis Gym 8:30 a.m.**
SEAS Talent Show in Gym at 12:45

From The Desk of Lori Phillips

This week we celebrated Vocations Awareness Week. The students all created cards and spiritual bouquets for Father Bill and Father Jerry. We are so blessed to have both of these wise and spiritual counselors, along with Deacon Sylvester, serve our schools and parishes on a weekly basis. We especially ask our Heavenly Father to bless these men for their love and faithfulness and we also ask God to open the hearts and minds of our children to hear God's call in their own lives. Next week, we are expecting (and look forward to) a visit from Father Don Geyman, our Vocations Director at the diocese. Father Don formerly served Immaculate Conception and is a wonderful man of God.

This week all of our students completed the winter benchmark in Reading and Math using AIMSweb. As a reminder, AIMSweb is a progress monitoring tool that measures student growth and indicates any deficiencies that a student may have. Teachers use this information to inform their instruction and tailor it to your child's specific needs. As you may remember, we benchmark three times per year; fall, winter and spring. Remember when our Middle Schoolers were babies? Every several weeks or months, we would take our children into the doctors office to make sure they were growing and "on target" in their development. If they were under weight, the doctor may have given suggestions as to the foods/beverages you could provide for your child. (This was never my case, so I am not speaking from personal experience here!) Or, the doctor may have said, "Your child is growing at an appropriate weight/height." In other cases, maybe they were "off the charts". The AIMSweb tool offers similar information in regard to your child's academic abilities and growth. Math and Language Arts teachers will be sharing this growth with you in the next couple of weeks. Please don't be alarmed if your child has not made significant growth. Just like physical development, our young adolescents experience "growth spurts" and periods of gradual development. Please know that our teachers are committed to student growth, whether they need a lot of extra support or are "off the charts". As a staff, we are working to improve these practices daily and will continue our efforts in helping each child reach his/her fullest potential.

Our praise team is gearing up for Catholic School Week. Six members will be traveling to Holy Angels and another six members will be traveling to Immaculate Conception to teach the students hand motions to three songs we will sing after our All-system Mass. This is one of our favorite Masses of the year, so please mark your calendars and join us if you can! Our new Bishop Hebda will be with us for this special liturgical celebration.

Enjoy your weekend. May God bless you richly! Lori Phillips

Bonus Box Top Opportunity!

From now until January 20th, if you buy any 10 Box Tops for Education products at Meijer, you will receive a coupon for 70 bonus Box Tops, which is worth \$7 to SEAS. Many Box Tops products are on sale this week, so it is a good time to stock up on Cheerios, Ziploc bags, Bisquick, etc. Thanks so much for your support!

Lost and Found

We have many Lost and Found Items. It is time to clean house! We will put a table out all next week 1/18-22/10 in the hallway so students can claim items. What is left on Friday will go to Goodwill!

Beatitude of the Month

Blessed are the merciful for they shall be shown mercy.



Our Prayers are....

For our brothers and sisters in Haiti, that they know Christ is with them during this time of suffering.

For our global community, that we respond quickly and generously to the needs of the people of Haiti.

For all students taking midterm exams and assessments, that they feel the peace of the Holy Spirit and are thankful for the gift of their intellect.

For all those who have been hurt by abortion, that they feel the healing power of God's love and forgiveness in their lives.



Parent Lunch Duty Schedule week of 1/18-21/10

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-------------------|------------------|-----------------|------------------|------------|
| 11:16-1:08 | 11:36-1:28 | 11:16-1:08 | 11:17-1:15 | 11:16-1:08 |
| Need Vol. | Melissa Fournier | LeeAnn Bullough | Barb Boehmer | Half Day |
| Patrick Burke | Andru McFadden | Jack Brodeur | Chandler Tarrent | No |
| Madeline Barsheff | Suzanne Britten | Justin Friend | Caroline Brown | School |

Builders Club Talent Show!

Sign up for the Talent show is now closed. For those students who did sign up please be aware of the following dates and information.

- **MONDAY—JANUARY 18** All song lyrics must be turned in by this date in order to be able to participate. If you do not turn in lyrics by this date you will not be allowed to participate.
- **THURSDAY—JANUARY 21** Tryouts will be held on this date. You must have all of your props and costumes on this day to be able to be approved to participate in the show. Please remember that all acts must be appropriate (i.e. no swearing, no questionable content, modest dress and dance moves) (discretion of the principal and show organizers will prevail) You may be asked to make adjustments in your act or not participate at all if inappropriate material is presented.
- **THURSDAY—February 4** Dress rehearsal in the afternoon. You must have all of your props and costumes on this day.
- **FRIDAY—FEBRUARY 5** Talent Show Presented at 1:00. **Parents are invited!**

8th Grade Washington DC Little Caesars Pizza Fundraiser

Sell some dough, make some dough, buy some dough! ****Last Weekend to Sell****

January 11-22 the 8th grade class is kicking off their annual Little Caesars' Pizza Fundraiser! If you like pizza you will love Little Caesars' Pizza Kits! Get 3 pizza's for the price of one! Buy a few kits and put them in your freezer and save that trip out in the snow and cold! Got plans for the SUPER BOWL? How about pizza, crazy bread and some home-baked cookies or fresh baked pie for dessert! What a great way to help send the 8th grade to DC!

Extra Cookie Dough

We have some extra product from our cookie dough sales. If you need something a little special for your holiday parties or as a gift, just give us a call and we can get you what you need! Here is a list of what we have. Reduce Fat Choc. Chip, Choc Chip, Strawberry Short Cake, Butter Sugar, Peanut Butter, Carnival, Choc. Choc. Chunk, Brownies, Apple Coffee Cake, Regular Soft Pretzel, Grilled Cheese Soft Pretzel. Items are \$14-\$15 each.

Mt. Holiday News

There's still time to sign up for the Mt. Holiday School Ski/Snowboard Club. Mt. Holiday is offering reduced rates for 6 or 8 trip passes, with or without rental equipment. To sign up, simply visit the Guest Services Desk at Mt. Holiday and identify yourself as a GTACS family. For rates and further information about the program, visit www.mt-holiday.com and click on the "schools & clubs" tab on the left side of their home page, or call Cindy Walerych at 938-1204.

CRYSTAL MT. SINGLE TRIP PASSES

Ski passes for single Friday trips are now available. The forms are located outside the school offices. A liability and a ski pass form are both required. They both need to be filled out, with a check attached made out to Crystal Mountain, and returned to the school office by Weds. of the week you are skiing.

We can ski from 3:30-9:00 on Fridays except for Friday February 12th which is a blackout date, no school programs allowed to ski this week. Any questions? email mbgjl5@chartermi.net or call 929-3911.

Season passes are still available too!

Think snow! Mark & Jerri Gabriel

MSU Extension Parenting Classes January – March 2010

Michigan State University Extension is offering three different parenting classes at their Front St. location downtown Traverse City. The classes being offered are: Alternatives to Anger, How to Talk so Kids Will Listen, & Active Parenting of Teens. There is *no* charge for the class How to Talk so Kids Will Listen. Please contact Mrs. Ginny Newman at #932-4810 if you are interested in a registration form.

Christmas Cards!

Many years ago I picked up a wonderful Christmas/Easter tradition that I would like share with you. Fr. Jim Gardiner usually had a basket of Christmas cards sitting on his desk in his office. When I asked him about this he explained to me that they were all the cards he received during Christmas. He kept them handy so that when Lent began he could grab one and pray the whole day for the person who had sent it to him. I adopted this tradition myself and have found great joy in offering up my friends and family to our Lord each day during Lent. Some years I have forgotten to do it. This year I already have my cards in a basket sitting out on the counter waiting for Lent to begin. I found myself thumbing through them the other day with a sense of joyful anticipation. Then I thought to myself why wait? And so I started paying for all the wonderful people who gave me cards and gifts for Christmas this year and again felt the joy of being loved and appreciated. May the Joy and Love of our Saviors Birth stay with you through the whole year. Peace Denise Krueger

Athletics

- **Any 7th or 8th grade students interested in Wrestling or Girls Basketball** must stop by the office and get a registration sheet and Physical form. No student can practice if they do not have a physical or registration sheet on file with Mrs. Forlenza. These can be dropped off at the SEAS office anytime before the first practice. ALL STUDENTS MUST HAVE THE PAPER WORK COMPLETED BEFORE THE FIRST PRACTICE ON MONDAY JANUARY 25TH! If you have any questions please contact Mrs. Forlenza at 995-8462. Thank you!
- **Attention all parents of 5th and 6th grade boys and girls interested in Volleyball.** 5th and 6th grade boys and girls Volleyball will be starting soon and will need coaches. If you are interested or know of someone who may be interested please let Julie Forlenza know as soon as possible at 995-8462. The following are the important dates for coaches and players!
 - CO-ED Volleyball
 - 5th & 6th Grade
 - 2009-2010 Season
 - January 28th, Mandatory Coaches Meeting - 4:30 PM at Ida Tompkins Building
 - February 1st, Practice Begins
 - February 2nd, Make-up Coaches Meeting - 4:30 PM at Ida Tompkins Building
 - February 16th, Matches Begin
 - March 15th, All City Tournament Begins
 - March 20th, All City Championship
- **Any 7th and 8th grade girls interested in brushing up on their basketball skills** are invited to open gyms at SEAS on the following dates and times.
 - Friday Jan 15th 3-4:30pm
 - Sat Jan 16th 4-6pm
 - Monday Jan 18th 6-7:30pm
 - Tues Jan 19th 3-4:30pm
 - Wed Jan 20th 3-4:30pm
 - Thu Jan 21st 6-7:30pm

Please bring water and your court shoes.
- **Conditioning for 7-12 grade Girls.** Any girl in grades 7-12 is invited to join the Girls Varsity Soccer Team on Saturday mornings from 9-11 a.m. at SEAS for conditioning to prepare for any spring sport. Megan Barnes, a trainer at Fit For You, will come in and work with girls for part of each session. You do not need to be a soccer player to attend. There is a one time \$25 fee for each participant to pay for the trainer.

SEAS Wrestling Team Needs You!

In 2005 Wrestling was brought back to TCSF with Coach Mike Simaz, a state champion and MSU Wrestler. In 2008 we had our first State Champion with Andy Anderson capturing the title of State Champion for the 160 weight class. Last year we had a freshman, Isaiah Schaub take third place at the State Championships in the 112 weight class. Isaiah started wrestling in the 8th grade. Also last year we won our first ever Team District Championship, with a great chance to repeat again this year.

So why Wrestle? The Wrestling State Championships are held at the Palace in Auburn Hills. Wrestling eliminates size advantage because wrestlers only wrestle other wrestlers their own weight. There are two ways to make it to States in Wrestling – There is Team states where your entire team makes it and there is States for individuals. Wrestling is an Olympic sport. Wrestling is an opportunity for your student to earn a Varsity letter as a freshman and be a 4 year letter earner as well. There are no cuts in Wrestling. Wrestling is for all sizes. There is no better high school sport at getting your student into shape. This sport will greatly improve your foot work and stamina for other sports (Any questions about the benefits of Wrestling for Football please contact Coach Greg Sherwin at 231.633.4998)

Our Wrestling family is a very tight knit group of people dedicated to helping your student excel. We now offer Wrestling for all ages from 1st grade through 12th. Our success at Varsity level begins with our success from our SEAS Team. Below are the names and phone numbers of our Coaching Staff. Please feel free to contact them with any questions that you may have. Thank you and we look forward to working with your student.

Mike Simaz, Head Varsity Coach: 231.313.6394 (state champ and college wrestler)
Matt Bulloch, Asst Varsity Coach: 231.218.1441 (Maryland State Placer)
Ed DiPierro, Asst Varsity Coach: 609.937.2061 (college wrestler and coast guard pilot)
Zach Lizenby, Head SEAS Coach: 231.590.6433 (4 year high school wrestler)
Tim Simon, Head Youth Coach: 231.342.1762
Ted Martin, Wrestling Coordinator: 231.590.5610 (proud parent of first ever girl wrestler for TCSF)

The Difference is Prayer!